

# LIFE LIFE



## Service Areas:

**Richmond  
Hopewell  
Petersburg  
Chesterfield  
South Hill**

**...and surrounding counties.**

**(804) 352-7113**  
**CALL US  
TODAY and  
start a new  
LIFE tomorrow**

**401 E. Broadway Avenue  
Hopewell, VA 23860**

**P.O. Box 1666  
Hopewell, VA 23860**

**admin@lifeyas.com**

**www.lifeyas.com**

**Psycho-Social Rehabilitation**

**Mental Health Skill-building**

**Intensive In-Home**

**LIFE Youth & Adult Services**

**LIFE Youth & Adult Services**

- Members of Virginia Association of Community Based Providers
- Virginia Hispanic Chamber of Commerce
- Member of Hopewell - Prince George Chamber of Commerce
- Credentialed by Magellen and contracted Commonwealth Coordinated Care MCOs
- Licensed by DBHDS

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## LIFE Youth & Adult Services

Providing youth and adult services enables LIFEYAS the ability to bridge the gap between services. Far too often young adults get "lost" during the crucial years of service transition, from intensive in-home, therapeutic day treatment, foster care, juvenile justice and other adolescent focused services. We are here to assist in this transition to adult services and adult life.

Our PSR and MHSS population are young adults between the ages of 18 and 30; however, we also serve those over 30 and the "young at heart."

## Psycho-Social Rehabilitation Services (PSRS)

LIFEYAS PSR is a program of two or more consecutive hours per day provided to groups of adults in a nonresidential setting. Individuals must demonstrate a clinical need for the service arising from a condition due to mental, behavioral, or emotional illness that results in significant functional impairments in major life activities. This service provides education to teach the individual about mental illness, substance abuse, and appropriate medication to avoid complication and relapse. Individuals are provided opportunities to learn and use independent skills and to enhance social and interpersonal skills within a group setting for a consistent program structure and environment.

## Mental Health Skill-building Services (MHSS)

LIFEYAS mental health skill-building services provides goal directed training to enable individuals to achieve and maintain community stability and independence in the least restrictive environment. MHSS includes training and guidance in the following areas: functional, coping and social skills; appropriate behavior related to the individual's health and safety; activities of daily living, use of community resources; assistance with medication and symptom management; and the monitoring of health, nutrition, and physical condition.

## Intensive In-Home Services (IIHS)

IIH services for Children/Adolescents under age 21 are intensive, time-limited interventions provided typically but not solely in the residence of a child who is at risk of being moved into an out-of-home placement or who is being transitioned to home from out-of-home placement due to documented clinical needs of the child. These services provide crisis treatment; individual and family counseling; and communication skills (e.g. counseling to assist the child and his parents to understand and practice appropriate problem-solving, anger management, and interpersonal interaction, etc.); care coordination with other required services; and 24-hour emergency response.

## Medical Necessity Criteria

Individuals qualifying for these services must demonstrate a clinical necessity for the service arising from a mental, behavioral, or emotional illness that results in significant functional impairments in major life activities.

### Office Hours:

9am-5pm (Mon-Thurs)  
9am-2pm (Fri)

### LIFEYAS Center

PSR Hours:  
8am-3pm (Sun-Sat)

**Kemberly Liles Rainney, Ph.D., LPC, LSATP**  
CEO/Clinical Director

**Carl Brown, MA, LMHP-R**  
Lead Clinical Supervisor

**Thomas Chase, BSW, QMHP-C/A**  
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**Cierra Washington, M.Ed, LMHP-R**  
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Programs Manager

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**Email: Admin@lifeyas.com**

**Web: www.LIFEyas.com**

## Living Independently For Empowerment



### Mission Statement:

*Our mission is to bridge the gap between adolescent and adult services while fostering independence and empowerment. Our goal is to meet the needs of young adults who have "aged out" of Intensive In-Home, Therapeutic Day Treatment, Foster Care, Juvenile Justice System and other adolescent services. We are here to assist young adults in transitioning to independent living with the least restrictive assistive services.*

### We Accept Referrals From:

*Mental Health Professionals - Case Managers - Department of Social Services - Court Service Units - Schools - Adult Learning Centers - Veteran's Administration - Families - Self Referrals - Community Services Boards*

